

Professional Trainings

Child-Parent Psychotherapy

Training in child-parent psychotherapy at the Child Trauma Research Program occurs through a number of different models, described below.

National Child Traumatic Stress Network Learning Collaboratives

- Child-parent psychotherapy is disseminated through the Learning Collaborative (LC) model of the National Child Traumatic Stress Network (NCTSN; nctsn.org).
- Typically, LCs involve clinicians who are part of NCTSN member centers, but efforts are also made to accommodate clinicians from community agencies.
- Agencies are selected through an application process that includes demonstrating organizational readiness to implement the practice.
- Participating organizations assemble a team to participate in the LC that includes a senior leader, one or more supervisors, and clinicians. This approach helps the practice take root and grow in the agency.
- Participating organizations agree to collect metrics and other outcome data.
- Training involves three learning sessions held over the course of one year and telephone-based case consultation held twice a month for 1 1/2 years. Learning sessions are hosted by centers participating in the LC, and take place at locations throughout the United States.
- Cost: Training is provided free of charge. However, participants or their sponsoring agencies must pay for travel to the learning sessions.
- More information about NCTSN Learning Collaboratives can be found at the NCTSN website ^[1] or by contacting Nick Tise (ntise@psych.duhs.duke.edu ^[2]), the managing director of training and implementation at the NCTSN.

Learn More

Contact: Chandra Ghosh Ippen, Ph.D.

Phone: 628-206-5312

Email: cpp.training@ucsf.edu ^[3]

To request training, please go to our Facebook page ^[4] and click on "Request Training".

To search for CPP trainers around the world please visit our Find a Trainer ^[5] resource.

Attachment Vitamins

The Attachment Vitamins program is a group intervention designed to provide caregivers with knowledge about early childhood development and the effects of toxic stress and trauma in order to help them attune to their child's needs, set parenting goals, strengthen the parent-child relationship, and understand and respond to challenging behaviors. The group is highly interactive and it encourages caregivers to engage in a process of active reflection on their relationship with their children and on their own experiences while growing up. In addition, AV participation promotes engagement with mental health services for families that would benefit from them.

Learn More

Contact: Ann Chu, Ph.D.

Phone: 628-206-8531

Email: ann.chu@ucsf.edu [6]

UCSF-Zuckerberg San Francisco General Hospital and Trauma Center | 1001 Potrero Ave.,
Building 20, Suite 2100 San Francisco, CA 94110 | 415.206.5979

A PARTNER IN
NCTSN



ZERO TO THREE
Early childhood

Source URL: <https://childtrauma.ucsf.edu/professional-trainings>

Links

[1] http://www.nctsnet.org/nccts/nav.do?pid=ctr_train_lc

[2] <mailto:ntise@psych.duhs.duke.edu>

[3] <mailto:cpp.training@ucsf.edu>

[4] <https://www.facebook.com/ChildParentPsychotherapy>

[5] <https://childtrauma.ucsf.edu/cpp-trainer-roster>

[6] <mailto:ann.chu@ucsf.edu>